

CURRICULUM VITAE

MR. UMER BUTT

FRCS Trauma & Orthopaedic Surgery (Intercollegiate Speciality Board UK)

M.R.C.S (Intercollegiate UK)

MD (Saint Petersburg Medical Academy, Russia)

CCT GMC No. 6039456

Specialist Registration T&O

PMDC: 3124-B

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Professional Membership Royal College of Surgeons Edinburgh
Medical Defence Union
British Knee Society
International Cartilage Society
British Shoulder and Elbow Society
British Biological Knee Society
European Knee Association
ESSKA
Pakistan Orthopaedic Association
Pakistan Arthroplasty Society
Pakistan Arthroscopy Forum
Pakistan Medical and Dental Council

QUALIFICATIONS

April 2013 **FRCS (Trauma and Orthopaedic Surgery)**

November 2006 **Inter-collegiate MRCS**

May 2003 **PLAB Examination – GMC (UK)**

June 2001 **MD, Saint Petersburg Medical Academy, Russia**

June 2000 **Pakistan Medical and Dental Council Exam**

CLINCIAL EXPEREINCE

Current Employment

Consultant Orthopaedics

Circle Partnership Hospital Bath United Kingdom 2013

The post is aimed at a Post-FRCS (Tr&Orth) with enough experience to run independent practice with complex.

As a consultant, there is an independent elective operating session in knee and shoulder surgery. This is both in-patient and day case surgery. The post is focused on knee arthroplasty, soft tissue reconstruction and arthroscopic shoulder surgery. The post includes joint lower limb arthroplasty and Shoulder list once a week where specialised operation (Partial Knee replacement, PF replacements, revision ACL, PF alignment surgery, cartilage resurfacing, shoulder arthroscopic cuff repair, stabilization and arthroplasty, the post requires strong commitment toward research and teaching.

Consultant Orthopaedics Sports Surgeon AO Hospital Karachi 2015

Director Sports Surgery Fellowship Program Approved by Pakistan Orthopaedic Association

I am currently working as visiting consultant at AO centre for orthopaedics, trauma and sports injury unit Karachi. I established state of the art theatre with latest third generation arthroscopic tower system to cater wide range of services from knee to shoulder arthroscopic surgery. I routinely perform ACL, PCL, PLC, MCL, Revision ligament surgery, cartilage surgery and MPFL reconstruction. My shoulder practice entails management of complex shoulder pathologies treating Bankart lesion, cuff tear, revision for failed stabilization, ACJ injuries, capsular pathologies, primary and reverse shoulder replacements.

Being the first surgeon to start primary ACL repair and Uni compartmental knee replacement in Pakistan.

In year 2019 after inspection from Pakistan Orthopaedic Association my sports surgery fellowship program which I started in December 2018 was granted approval to be the only centre in Pakistan to run official sports surgery fellowship.

I have strong commitment toward teaching and training and till date I have organised various courses for FCPS Orth surgeons and physiotherapist with excellent feedback.

Previous Employment

Senior Fellowship Knee/Shoulder Surgery

**13 October 2013 – 13 October 2014 Senior Fellow Knee / Arthroscopic
Shoulder Surgery Circle Partnership
Hospital Bath, Bath**

Consultant: Mr N Bradbury, Mr A Chamblor

This post is Senior Fellow in Knee/Arthroscopic Shoulder Surgery at Circle Partnership Hospital in Bath. The post started from 13 October 2013 for 12 months' subject to extension. The post is aimed at a Post-FRCS (Tr&Orth) Fellow with enough experience to run semi-independent practice under supervision of Senior Orthopaedic Consultants to provide appropriate support.

The fellowship has independent knee and shoulder clinics. As senior surgeon in training, there is an independent elective operating session in knee and shoulder surgery. This is both in-patient and day case surgery. The fellowship is focused on knee arthroplasty, soft tissue reconstruction and arthroscopic shoulder surgery. The post includes joint lower limb arthroplasty list with Mr Bradbury (Senior Consultant Knee Surgery) and Shoulder list with Mr Chamblor (Senior Consultant Shoulder) once a week where specialised operation (Partial Knee replacement, PF replacements, revision ACL, PF alignment surgery, cartilage resurfacing, shoulder arthroscopic cuff repair, stabilization and arthroplasty) are performed under direct supervisions. The post requires strong commitment toward research and teaching.

Until June 2014 I also attended weekly clinic and theatre sessions in Paediatric Orthopaedics and Spinal Surgery (in Bristol) to complete training and requirement for article 14.

Experience in Spinal Surgery

**North Bristol NHS Trust
Bristol**

March 2014 – June 2014

Consultant: Mr Michael Katsimihis

I started attending regular weekly spine clinic at Frenchay Hospital under supervision from March 2014 till June 2014. I participated during clinical session and examined patients, made diagnosis and formulated plan of management. I gained valuable exposure to evaluate upper and lower spinal pathologies in young adults and elderly patients. I regularly attended weakly theatres sessions where I assisted Mr Katsimihias and partly performed surgical procedures like discectomy, decompressions plus fusions of upper and lower spine.

I have completed CBDs, PBAs, DOBs and logbook under supervision to a very high level.

**Experience in Paediatric
Orthopaedic Surgery**

**Bristol Children Hospital
Bristol**

Jan 2014 – March 2014

Consultant: Mr Martin Gargan

After passing his FRCS (Tr & Orth) I gained experience in Paediatric Orthopaedic by regularly attending Paediatric Orthopaedic Clinics at Bristol Children Hospital from December 2013 until March 2014. I regularly attended theatres sessions where I assisted and partly performed surgical procedures including Hip Osteotomies for DDH, Hip Spica Cast, Approach to hip joint, Arthrogram, Adductor tenotomy and foot and ankle surgery. I completed CBDs, PBAs and logbook under supervision to a very high level. I attended various ultrasound examinations of patients with DDH. I attended Ponseti casting for Club Foot.

**5 August 2013 – 12 October 2013 Specialty Doctor (Registrar) Trauma and
Orthopaedics Yeovil District Hospital, Yeovil**

Consultant: Ben Lankester

This post was for 3 months following completion of fellowship. The job covered lower limb arthroplasty, soft tissue reconstruction plus general trauma surgery. I had regular dedicated sessions in elective orthopaedic clinics and elective operating lists, both assisting and performing operations under supervising consultants. I participated in the middle grade on call rota (second on call) for out of hours orthopaedic trauma cover. This was a non –resident 1:8 on-call with prospective cover. I had regular sessions in fracture clinic and trauma lists. My main duties out of hours included supervision of junior doctors and support for accident & emergency department for emergency orthopaedic admissions that needed immediate surgical management. I was responsible for the on going care of inpatients.

2 February 2013- 4 August 2013 Fellowship in Computer Navigation Knee Arthroplasty and Soft Tissue Reconstruction Derriford University Hospital, Plymouth

Consultant: Mr S Coleridge, Mr C MacAllen

This was an approved training knee fellowship at Derriford University Hospital. My weekly commitments included two outpatient clinics, one pre-operative clinic, one independent knee lists, two supervised lists including wardrounds. My role as Senior Knee Arthroplasty Fellow have given me thorough exposure to Primary and Revision Knee Arthroplasty, Unicompartmental Knee replacements, Corrective Osteotomies, Arthroscopic ACL Reconstruction, Multiligaments Reconstruction and Meniscal repairs. I have taken an increasing role in the management of complex lower limb cases in clinics and gained understanding in the management of challenging pathologies. I was actively involved in teaching medical students from University of Plymouth.

5 August 2009- 2 February 2013 Specialty Doctor (Senior Registrar) Orthopaedic/Trauma Surgery. Yeovil District Hospital NHS Foundation Trust Yeovil

Consultant: Mr R Miller, Mr G Smibert, Mr P Latimer, Mr Dwyer, and Mr B Lankester

This is a teaching hospital and during my training covered various subspecialties of Trauma and Orthopaedics and had regular dedicated sessions in elective orthopaedic clinics and elective operating lists, both assisting and performing operations with supervising consultants. I worked under Shoulder, Elbow, Hand, Hip, Knee and Foot and Ankle firms. This was a non-resident 1:8 on-call rota with prospective cover. I had regular timetable sessions in fracture clinic and trauma lists. My main duties out of hours included supervision of junior doctors and support for accident & emergency department for emergency orthopaedic admissions requiring immediate surgical management including spinal trauma. I actively participated in local educational and teaching programmes and organised bone saw workshops for registrars and consultants.

2 February 2009- 5 August 2009

**Locum Appointment for Training (LAT
SPR) Orthopaedic/Trauma North Bristol
NHS Trust, Bristol**

Consultant: Mr A Porteous

This is a regional trauma centre and teaching hospital. I was attached to knee arthroplasty and soft tissue reconstruction team and had regular dedicated sessions in elective knee clinics, fracture clinic and elective operating lists assisting and performing surgeries under supervising consultant. I had broad exposure in the management of poly trauma patients. I learned principles of lower limb arthroplasty and revision knee surgery. I improved my skills in knee arthroscopy, arthroplasty and trauma surgery. I participated in the middle grade on call-rota as second on call for out of hours orthopaedic trauma cover. My main duties out of hours included supervision of junior doctors working as first on call to support for acute admission. I actively participated and organised teaching workshop for FY2 doctors.

6 August 2008- 3 February 2009

**Locum Appointment for Training (LAT
SPR) Orthopaedic/Trauma Musgrove
Park Hospital, Taunton**

Consultant: Mr C Marsh

I was attached to the Hip and Knee Arthroplasty team and had regular dedicated sessions in sessions in Fracture Clinic and Trauma lists. I also participated in the middle grade on call-rota as second on call for out of hours Orthopaedic trauma cover. This was non –resident with 1:8 on-call rotas. My main duties out of hours included supervision of junior doctors working as first on call and support for accident & emergency department for emergency Orthopaedic admissions that needed immediate surgical management including spinal trauma. I actively participated in local educational and teaching meetings.

12 May 2008 – 5 August 2008

**Locum Appointment for Service (LAS
SPR) Orthopaedic/Trauma North Bristol
NHS Trust, Bristol**

Consultant: Mr W Harris

I was attached to foot & ankle team and had regular dedicated sessions in elective foot & ankle clinics and elective operating lists assisting and performing surgeries with supervising consultants. I participated in the middle grade on call Rota as second on call for out of hours Orthopaedic trauma cover. This was non –resident with 1:8 on-call rota. He had regular timetable sessions in Fracture Clinic and Trauma lists. I gained experience in the management of foot and ankle trauma. I also gained exposure in performing under supervision cases like osteotomy, corrections of deformities, fusions and arthroscopy. I actively participated in regional teaching programme.

5 August 2007 – 7 May 2008

**Clinical Fellow Orthopaedic/Trauma
North Bristol NHS Trust, Bristol**

Consultant: Mr A Porteous

I worked as Senior SHO post MRCS at Frenchay and Southmead Hospital, Bristol. I was involved in management of general Orthopaedic trauma. I had wide exposure in management of poly-trauma. The job also offered experience in elective orthopaedics mainly lower limb firm. I gained experience in performing basic trauma of upper and lower limb. I also performed elective operation like THR, TKR and Arthroscopies under supervision. I was responsible for day to day care of patients and working alongside consultants in clinic and operation theatres. I also participated in 1:10 trauma on call rota. During this time I organised various teaching sessions for junior doctors in training.

2 February 2007 – 4 August 2007

**SHO Orthopaedic/Trauma
Gloucester Royal Hospital, Gloucester**

Consultant: Mr C Curwin

I worked as Trust SHO post MRCS. I was involved in management of general Orthopaedic trauma. I gained experience in clinical and surgical management of basic trauma. I was attached to lower limb arthroplasty firm. I gained experience in performing basic trauma of upper and lower limb. I was responsible for day to day care of patients and working alongside consultants in clinic and operation theatres

5 August 2006 – 2 February 2007

**SHO Orthopaedics/Trauma
Portsmouth Hospital, Portsmouth
Consultant: Mr M Grover**

2 February 2006 – 5 August 2006

SHO Intensive Care Unit

Portsmouth Hospital, Portsmouth
Consultant: Dr B Taylor

5 August 2005 – 2 February 2006 **Senior SHO Emergency Medicine**
NorthHampshire Hospital, Basingstoke
Consultant: Dr J Kitching

2 February 2005 – 5 August 2005 **SHO Emergency Medicine**
Cambridge University Hospital
Consultant: Dr R Kendall

2 February 2004 – 2 February 2005 **SHO Orthopaedics/Trauma**
(Upper limb, Lower Limb)
Pilgrim Hospital, Boston
Consultant: Mr J Watson, Mr Deshmukh

1 December 2003 – 18 January 2004 **HO Colorectal Surgery (Locum)**
Queen Elizabeth Hospital,
Birmingham
Consultant: Prof D Morton

15 October 2003 – 27 Nov 2003 **Clinical Attachment Orthopaedics**
Dudley Group of Hospital
Dudley
Consultant: Mr Ahmed

10 March 2003 – 10 May 2003 **Biology Lecturer**
Overseas Grammar School, Pakistan

1 October 2001 – 5 March 2003 **Medical Officer**
Imam General Hospital,
Consultant: Prof Paracha

01 September 2001- 30 September (During this period was applying for job)
2001

5 September 2000 – 31 August 2001 **House officer medicine/surgery**
Abbassi Teaching Hospital
Consultant: Prof Paracha/ Prof Tarik

Full Publications

1: [Is Radial Slab better than a Dorsal Slab in Maintaining Initial Reduction in Distal Radius Fractures?](#) Umer Butt, Journal of orthoplastic surgery September 1, 2019

2: Outcomes Following Open Reduction Internal Fixation (Orif) for the Treatment of Displaced Mid Shaft Clavicle Fractures Imran Shah, Umer Butt. EC Orthopaedics Research Article 23 August 2019

3: Tourniquet use in TKR: A Potential Predictor of Postoperative Pain Scores in Males and Females Hazem Z Hassouna*, Umer Butt, Neil Bradbury July 06, 2017; Published: August 12, 2017 EC Orthopaedics Research Article

4: Infection risk from surgeons eyeglasses Butt U , A Chambler, Journal of Orthopaedic surgery 2012;20(1):75-7

5: Are we managing acute knee effusion well? A S Eid, J R M Murray, U Butt BJMP 2012;5(1)

6: Sedation by Surgeons: Is patient safety being compromised by nonanaesthetists? P Landham, U Butt, BJMP 2011;4(2)

7: Supports used for positioning of patients in hip arthroplasty: is there an infection risk? Ahmed R, Butt U, Dixon J Ann R Coll S; 2010 Nov 18.

8: Factors affecting wound ooze in total knee replacement. Butt U, Bannister G C. Ann R Coll S 2010 Nov 18.

9: Hospital at Night an observational study. Butt U, Bannister G C. BMJP. 2009; 2 (4)

10: A variable angled drill guide for acetabular screw insertion in total hip. Replacement. Ahmed S, Butt U, Smith E.(Ann R Coll S 2009 Mar;91

11: Clopidogrel and surgical delay in patients with hip fractures. Butt U, D Aspros The Internet Journal of Orthopaedic Surgery 2008, Volume 12 No 1

Abstract Publication

1.Initial immobilisation of Colles' fracture in patients older than 70 years: A radial or dorsal backslab Authors: Ahmad, Riaz / Butt, U / Smith, Lindsay / Spencer, Robert / George, Akintunde / Hussain, Shakir (EFORT, abstract book 2012)

2.Multimodal Analgesia in TKR V Currall, U Butt, R Greenwood, S Robinson, WJ Harries Orthopaedic Proceedings July 2010 JBJS 92-B:417-417

3.Management of hip fractures in patients taking Clopidogrel. Butt U, Malik A, Gleeson R. Journal of Bone and Joint Surgery – British September 2009 Volume, Vol 91-B, Issue SUPP_III, 448

4.The economic implications of transfusion post primary total knee arthroplasty-An argument for autologous blood transfusion? Butt U, Burston B, Gleeson R.(Journal of Bone and Joint Surgery - British May 2009 Volume, Vol 91-B, Issue SUPP_III, 356

5. To justify the use of autologous blood transfusion in patients undergoing primary total knee replacement? Butt U, Burston B, D Aspros Gleeson R.(Journal of Bone and Joint Surgery - British May 2009 Volume, Vol 91-B, Issue SUPP_III, 467

Educational Positions

- **Secretary Asian Pacific Orthopaedic Sports Conference : Malaysia 2019**
- **Chairman International Knee and Shoulder Conference: Bahrain 2019**
- **Scientific Committee Chair HULS Shoulder Conference : Lahore 2019**
- **Chairman International Shoulder Symposium : Lahore 2018**
- **Chairman Stryker Live Surgery Course Circle Bath Hospital since 2015**
- **Director education AO Clinic Karachi since 2015**

Current Research Projects

1. Healing capacity of damaged anterior cruciate ligament, evaluation through histology (Submitted to The Knee Journal)
Lead: U Butt, Filip Vuletic, Damir Hudtez, Prof Naila
2. Meniscal Scaffold in young patients, a prospective study.
Lead: U Butt, Neil Bradbury, Circle Bath Hospital
3. Arthroscopic ACL reconstruction using hamstring tendon and endo-button along with focus physiotherapy postoperative can lead to better outcome. Case series of Pakistani Patients. U Butt, SIA Shah, AO Clinic Karachi
4. Arthroscopic Bankart Repair using Knotless Anchor in Pakistani Patients. U Butt, SIA Shah , AO Clinic Karachi
5. Randomized control trail comparing peroneus longus versus hamstring tendon autograft during ACL reconstruction. U Butt, AO Clinic Karachi

INVITED GUEST SPEAKER

- **Multi-directional instability shoulder** . SICOT conference , Oman 2019
- **Healing capacity of ACL histological examination**, British Biological Knee Conference , Manchester, 2019
- **Biological enhanced ACL reconstruction**. APOA Sports Conference, Malaysia . 2019
- **PRP role during ACL reconstruction**. APOA Sports Conference, Malaysia . 2019
- **MPFL reconstruction** . SEEFORT conference , Croatia . 2019
- **Shoulder internal impingement** , Bahrain Shoulder and Knee Conference , Bahrain . 2019
- **Revision ACL reconstruction** , Bahrain Shoulder and Knee Conference , Bahrain. 2019
- **Arthroscopic Revision ACL reconstruction**, Pak Orthocon Workshop October 2017
- **Complex Primary Knee** , EUROASIAN conference

RUSSIA July 2017

- **Posterior Cruciate Ligament Reconstruction , Advance Arthroscopic Workshop** Aghan Khan Hospital, April 2017
- **Arthroscopic ACL Reconstruction**, 30th ORTHOCON conference Pakistan December 2016
- **Unicpartmental Knee replacement , 30th ORTHOCON conference** Pakistan December 2016
- **Arthroscopic Bankart repair**, 30th ORTHOCON conference Pakistan December 2016
- **Arthroscopic Meniscal Scaffold**, Pak Army ORTHOCON conference Pakistan March 2016
- **Unicpartmental Knee replacement , Pak Army ORTHOCON conference** Pakistan March 2016
- **Arthroscopic Bankart repair**, ORTHOCON conference Pakistan December 2015
- **Arthroscopic Meniscal Scaffold**, ORTHOCON conference Pakistan December 2015
- **Arthroscopic reconstruction for recurrent patella dislocation**, ORTHOCON conference Pakistan December 2015
- **Unicpartmental Knee replacement , ORTHOCON conference** Pakistan December 2015
- **Arthroscopic MPFL reconstruction**, ORTHOCON conference Pakistan December 2013
- **Arthroscopic anterior shoulder stabilization**, ORTHOCON conference Pakistan December 2013
- **Computer navigated knee replacement. AO clinic seminar** Pakistan , June 2013
- **Common shoulder problems in general practice. AO clinic seminar** Pakistan , June 2013
- **Initial immobilisation of Colles' fracture in patients older than 70 years: A radial or dorsal backslab** EFORT conference Berlin, 2012

- **Are we managing acute knee effusion well?** 12th EFORT conference, Denmark June 2011
- **Pain relief after THR,** 12th EFORT conference, Denmark June 2011
- **Pain relief in TKR,** An observational study, 10th EFORT conference, Austria 2009
- **Field Block in primary total hip arthroplasty,** 22ND ORTHOCON and ASAMI conference Pakistan, November 2008
- **Wound Oozing after primary total knee arthroplasty,** 22ND ORTHOCON and ASAMI conference Pakistan, November 2008
- **The economic implications of transfusion post primary total knee arthroplasty,** 22ND ORTHOCON and ASAMI conference Pakistan, November 2008
- **Management of hip fractures in patients taking Clopidogrel.** European Orthopaedic Research Society (EORS) Madrid , Spain , April 2008

National

- **Initial immobilisation of Colles' fracture in patients older than 70 years: A radial or dorsal backslab.** EFORT conference , 2012
- **Wound Oozing after primary total knee arthroplasty.** South West Orthopaedic Club Conference, Yeovil. Oct 2010
- **Pain relief in TKR, An observational study.** BASK annual meeting, Edinburgh 2009
- **The economic implications of transfusion post primary total knee arthroplasty-An argument for autologous blood transfusion** South West Orthopaedic Club Conference Bath- Oct 2007

Regional and departmental

Departmental Presentation, Yeovil Hospital, 2009-2013

- **Surgical options for the treatment of ACL injury.**
- **Dupuytren's contractures, diagnosis and management**

- **TFCC injury to the wrist, diagnosis and management**
- **Proximal humerus fracture**
- **Valgus Knee, assessment and management for the soft tissue balancing**
- **Non-accidental injury in children**
- **Rheumatoid hand surgery- common presentations**
- **Keinbock's disease**

Continuous Professional Development:

- **Attendance of Trust board meeting, Circle Hospital, June 2014**
- **Attendance of Trust mandatory training including manual handling, Plymouth Hospital 2013**
- **Regular attendance of Trust clinical governance and audit meetings, Yeovil Hospital 2010-2012**
- **Relevant curriculum and professional development courses entered in courses section**

CONFERENCES ATTENDED

International

- SEEFORT conference , Croatia, 2019
- APOA sports conference , Malaysia, 2019
- Bahrain knee and shoulder conference , Bahrain, 2019
- HULS conference , Pakistan, 2018
- Euroasian conference Russia , 2018
- POA conference , Karachi Pakistan 2018
- ICRS International Knee Meeting, Zurich 2017
- 30th Orthocon Conference, Karachi, Pakistan, 2016
- Pakistan Army Orthocon Conference, Islamabad, Pakistan, 2016
- Pakistan Orthopaedic Conference, Islamabad, Pakistan, 2015
- Ortokinetic Shoulder Meeting, Bucharest, Romania, 2014
- Pakistan Orthopaedic Conference, Islamabad, Pakistan, 2013

- AO Clinic Symposium, 2013, Karachi, Pakistan
- Shoulder Trauma Conference, Nice, France, 2011
- EFFORT Conference, Denmark, 2011
- Pakistan Orthopaedic Conference, Karachi, Pakistan, 2008

National

- BESS conference Dublin, 2016
- BASK conference Telford, 2015
- BESS Conference Sheffiled, 2015
- Southwest orthopaedic club meeting, Bath, 2014
- Southwest orthopaedic club meeting, Yeovil, 2010
- Bristol hip meeting, Bristol, 2009
- Exeter hip symposium, Exeter, 2008

COURSES:

International

- Munich Wet Lab training , 2018
- Medial Pivot Knee wetlab training , 2018
- Arthroscopic Shoulder cuff repair plus stabilization, Keil, Germany, 2014
- Arthroscopic Later jet repair, Toulouse, France, 2013
- International arthroscopic shoulder skills lab, Kiel, Germany, 2012
- Universal shoulder prosthesis, Paris, France, 2011
- VENUS shoulder trauma course, Nice, France, 2011
- Current concept of hand, wrist & elbow fracture management, Switzerland, 2011
- Hip resurfacing course, Austria, 2009

National

- Cartilage resurfacing in knee course, Covertry, 2014
 - Esstential of medical management & leadership course, london, 2014
 - Advance Trauma Life Support, Princess charles hospital, 2014
 - LARS Masterclass for multiligament reconstruction knee, london, 2013
 - 4th National orthopaedic infection meeting, London, 2013
 - FRCS Tr & Orth revision viva course, Cardiff, 2013
 - FRCS Tr & Orth Spinal surgery course, Cardiff, 2013
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- FRCS Tr & Orth Basic science course, Stanmore, 2012

- Watanabe shoulder arthroscopy course, York, 2010
- Management of acute hand injuries, Nottingham, 2010
- Train the trainer course, Edinburgh, 2010
- Oxford partial knee advance instructional course, Oxford, 2009
- Cuschieri basic knee arthroplasty course, Bristol, 2009
- Cuschieri basic hip arthroplasty course, Bristol, 2009
- Sigma high performance instrumentation course, Taunton, 2009
- External fixator course, Manchester, 2008
- AO principle in operative fracture management, Basingstoke, 2007
- Pass text course for MRCS part 3 clinical, London, 2007
- Care of critically ill surgical patient, Portsmouth, 2006
- Advance paediatric life support course, Portsmouth, 2006
- Advance life support course, Grantham, 2004
- Basic surgical skill course, Edinburgh, 2004

Local & Departmental

- South west orthopaedic club meeting , Bath, 2014
- Basic life support course, Plymouth, 2013
- Clavicle plating course, Yeovil, 2012
- Stryker total knee replacement workshop, Yeovil, 2012
- ACUMED distal radius plating course, Yeovil, 2012
- Arthroscopic shoulder solution, Yeovil, 2011
- Stryker total knee replacement workshop, Yeovil, 2011
- Northstar hand and wrist plating workshop, Yeovil, 2011
- Stryker distal radius training meeting, Yeovil, 2010
- Clinical Audit in Practice, Basingstoke, 2006
- Adult Basic Life support course, Portsmouth 2006
- Critical care for emergency physicians, Basingstoke, 2005
- PACS trainers course, Cambridge, 2005
- Advance trauma life support course, Cambridge, 2005
- FAST ultrasound for emergency doctors, Cambridge, 2005
- Immediate life support course, Boston, 2004

AUDIT EXPERIENCE:

I fully appreciate the role of audit for assessing a service against quality standards and how to drive change for better. In most of my audit projects I was the lead auditor and took charge of all aspects from initiation of the project, defining the clinical standard and our practice, making Performa, data collection and analysis and dissemination of results. Few of important audits with my lead role as auditor are as follows:

1. Audit on Consenting for THR/ TKR, Circle Bath Hospital

The aim was to look at are consent process for THR/TKR and are we f
Following NJR and BOA guidelines, the audit loop cycle completed and
Presented in 2015

2. **Audit on in-patients noted documentation, Circle Bath Hospital**
The aim was to look at in-patients notes documentation according to Royal
College guidelines. The audit loop was completed and presented, 2015
3. **Audit on antibiotic prophylaxis for THR/TKR, Circle Bath Hospital**
The aim was to look at antibiotic policy and are we following our
Guidelines. The audit completed and presented and suggestion have been r
Recommended. The re-audit will be carried out in following months. 2015
4. **Factors effecting delay in operative intervention for patient with
fracture neck of femur admitted through emergency department.**
The aim was to look at what is the main reason for the delay in surgical
Fixation of fracture neck of femur patients admitted through A&E.
Audit is completed and will be presented during audit meeting at
Yeovil Hospital 2014
5. **Disturbance of laminar airflow in elective lower limb arthroplasty.**
October 2013. Aim was to evaluate how many times the laminar flow is
Disturbed during joint replacement and are we following the standard. The
Audit was completed and presented during audit meeting October 2013.
Yeovil Hospital
6. **Dorsal versus three point radial slab in distal radius fracture.** 2010 The
aim was to look at what type of cast is being applied in emergency department
on patients following distal radius fracture. Completed and presented at
Yeovil hospital audit meeting.
7. **Microbial colonization on surgeon's spectacles.** The aim was to evaluate
how many surgeons wear spectacles and clean them prior to initiating surgical
procedures. All spectacles were swabbed and samples send for evaluations.
September 2009 completed and presented at Yeovil hospital audit meeting.
Later the audit was published
8. **Hospital at Night system audit.** The aim was to look at the new system
introduced to NHS for night doctors. The audit looked at how many times
doctors are being called by various member of team and are they following
the guidelines set my hospital at night team. 2009 completed and presented at
North Bristol NHS trust meeting. Later published the work.
9. **Delay in operative management of fracture neck of femur patient's on
Clopidogrel.** The aim was look at delay in operative fixation secondary to
patients on clopidogrel. What are the guidelines and are we following the
national standards. Completed in 2007 and presented at Gloucester hospital
audit meeting. Later the audit was published.

TEACHING & TRAINING FOR SURGEONS

I have been engaged in a variety of teaching activities ranging from medical students and nurses through to SpRs preparing for the FRCS examination. I have organised various teaching sessions like lectures, case base discussions and practical workshops.

- :Scorpio Knee Replacement live experience for International Surgeon at Circle Knee Unit Bath, Dec 2017
- :Scorpio Knee Replacement live experience for International Surgeon at Circle Knee Unit Bath, May 2017
- : Scorpio Knee Replacement live experience for International Surgeon at Circle Knee Unit Bath, October 2016
- :Scorpio Knee Replacement live experience for International Surgeon at Circle Knee Unit Bath, May 2016
- : Scorpio Knee Replacement live experience for Russian Surgeons at Circle Knee Unit Bath, May 2015
- : Oswestry FRCS T&O revision course. I am faculty member for FRCS revision Course at Robert Jones Hospital, April 2015
- : Bristol FRCS T&O revision course. I am faculty member for FRCS revision Course in Bristol, December 2014
- : Organised courses for Senior Registrars and Consultant during my post at Yeovil Hospital
- : Delivered talks during monthly registrar teaching at Yeovil Hospital
- : Arranged practical workshops for FY1 doctors during my post as clinical fellow At Frenchay Hospital
- : Appointed as Clinical Supervisor for Cambridge University to teach final year Medical students

To improve my teaching skills even further, I have attended Train the Trainer course. I was appointed by Cambridge University as a clinical supervisor to teach final year medical students. For the last few years I have been invited to various international centres to give lectures. Below are the teachings sessions organised.

TEACHING & TRAINING FOR PHYSIOTHERPIST

- . **ACL Reconstruction, importance of Rehabilitation.** National Hospital Lahore, November 2017
- . **OA in young patients,** AO Clinic Karachi, October 2017
- . **Recurrent Patella Dislocation** , AO Clinic Karachi , August 2017
- .**Recurrent Shoulder Dislocation,** AO Clinic Karachi, April 2017
- . **ACL Reconstruction, importance of Rehabilitation.** AO Clinic Karachi, March 2017
- . **Frozen Shoulder** , AO Clinic Karachi ,Jan 2017

Internationally Courses Organised

- **FCPS VIVA & Clinical Exam Preperation Course** , AO Clinic Karachi, Pakistan 2016
- **Romanian Shoulder and Elbow Materclass** :Organised the course for Romanian surgeons in Bucharest. The course is approved by Stryker europe and Circle Bath Hospital. My role as chairman has been to organise the venue, programme, invite surgeons and to make all the logistic arrangements. The course is planned for June 2015.
- **Romanian Primary Knee Replacement course** :Organised the course for Romanian surgeons in Bucharest. The course was approved by Stryker europe and Circle Bath Hospital. My role as chairman has been to organise the venue, programme, invite surgeons and to make all the logistic arrangements. The course sucesfully took place on 31 October 2014.

Courses Organised in UK

- **Physiotherapist Teaching day on basics of arthroscopy,** Circle Bath , 2016
- **Clavicle plating workshop,** Yeovil Academy , Organiser U Butt, 2012
- **Stryker Total knee replacement workshop,** Yeovil academy, Organiser U Butt, 2012
- **Acumed Distal Radius plating workshop,** Yeovil academy, Organiser U Butt, 2012

- **Arthrocare Arthroscopic shoulder course** , Yeovil academy, Organiser U Butt 2011
- **Stryker Total knee replacement workshop**, Yeovil academy, Organiser U Butt, 2011
- **Northstar Hand and wrist plating workshop**, Yeovil academy, Organiser U Butt 2011
- **Stryker Distal radius training course**, Yeovil academy, Organiser U Butt 2010
- **Core surgical skill course for Foundation doctors**, Yeovil academy, 2009
- **Basic wound closure course**, Frenchay hospital academy, Organiser U Butt, 2007
- **Venepuncture femoral vein workshop**, Frenchay hospital academy, Organiser U Butt, 2007
- **Aspiration of the knee joint workshop**, Frenchay hospital academy, Organiser U Butt, 2007
- **Hip fracture plus Xray examination meeting**, Frenchay hospital academy, Organiser U Butt, 2007

Invited as a guest speaker

- **Biological knee society UK** , 2019
- **APOA Sports Conference Malaysia** 2019
- **SEFORT Croatia** 2019
- **International Arthroplasty Symposium**, Pakistan, 2018
Lecture: Unicompartmental Knee Replacement
- **A lacarte Sports Conference, Croatia** , 2018
Lecture: Capsulolabral repair
Lecture: Patella Dislocation
- **POA Orthocon Arthroscopic Workshop** Peshawar, Pakistan 2017

Lecture : Revision ACL reconstruction
Lecture : Arthroscopic MPFL reconstruction
- **Advance Knee Arthroscopic Workshop** , Agha Khan Hospital , Pakistan 2017

Lecture: Posterior Cruciate Ligament Reconstruction

- **Euro Asian Orthopaedic Conference** , Moscow , 2017
Lecture: Complex Primary Knee Replacement
Lecture: Patella Dislocation, Treatment options
- **Pak Army Orthopaedic Meeting** , Karachi , 2017
Lecture: Anterior Shoulder Dislocation, Arthroscopic Bankart Repair
- **30th International Orthocon Conference**, Karachi, Pakistan 2016
Lecture: Meniscal Scaffold for partial defect
Lecture: Single Compartment OA , Options of Treatment
- **Gurki Hospital** Lahore, Pakistan, 2016
Lecture: Meniscal Defect , How to save the Meniscus
Lecture: Shoulder Stabilisation
- **Pak Army Orthocon Conference**, Islamabad , Pakistan 2016
Lecture: Unicompartmental Knee Replacement
Lecture: ACL reconstruction
- **POA Orthocon Conference**, Lahore, Pakistan 2015
Lecture: Unicompartmental Knee Replacement
Lecture: ACL reconstruction
- **Ortokinetic online hospital symposium**, Bucharest, Romania, 2014
- **Ortokinetic shoulder symposium**. Bucharest, Romania, 2014
Lecture: Proximal Humerus Fracture
Lecture: Frozen Shoulder
- **Pakistan Orthopaedic Conference**, Islamabad, Pakistan, 2013
- **AO Clinic knee and shoulder symposium**, Karachi, Pakistan, 2013

Management/Leadership Experience:

Management and leadership course , london 2014

- **Recruitment experience:** I was given a task to organise nurses for my current hospital. I went to eastern europe and manage to interview various nurses for my trust. I was given positive feedback for my effort and result was we mamange to recruit nurses nurses required by the trust. I have also participated in SHO interviews during my post at Yeovil Hospital.
- **Knee Unit Meeting Circle Bath Hospital.** I am incharge of organising knee unit meeting where all knee surgeons discuss issue relating to specialty and share there opinions. The meeting takes place 4 times a year.
- **Courses:** I have organised various training workshops for registrars and junior doctors. I have mainted strick time management and made sure all the courses are run smoothly and every one are acively involved. I received positive feedback.
- **Rota management:** I was incharge of middle grade rota during my post as specialty doctor in orthopaedics at Yeovil Hospital.
- **Hospital management:** I regularly participate during audit, clinical governance and board meetings.

EXTRA ACTIVITIES:

Information Technology

- Highly competent with Mac, PC, internet, PACS, PAS and basic programming including Microsoft Office, i Work, SPSS.
- My ability to use all aspects of information technology is reflected through my published work and presentation at national and international forums.

Sports

- I won interschool badminton championship in 1992. Played intercollegiate cricket and in the Badminton championship in 1994. I swim three times a week and love to travel abroad.